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## WARRI

A City to Celebrate  
with Children

## ORLANDO

Home to Cinderella's Castle

## INTERVIEW

Ashionye Michelle Raccah



**JAN. 2021**

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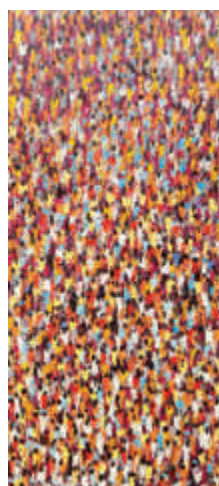
*Untitled*  
by Henry Ohiorena  
Unuigboje



*Good  
Governance*  
by Bruce  
Onobrakpeya



*Sisters* by  
Yomi Momoh



*Everyday People*  
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PHINOLA YEANI ARUNA	4A*s, 4As, 1B
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# JAN 2021

## Discover Nigeria Warri

Visit this city with your kids to celebrate with children and to enjoy a lot of laughter from jokes made by comedians in the city.



# 10

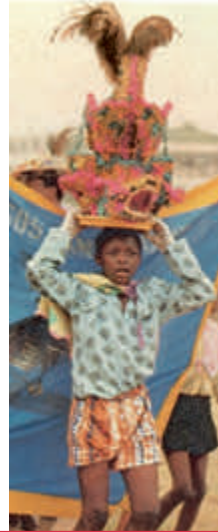
## Echoes from abroad Francesca, Abiodun Fasesin

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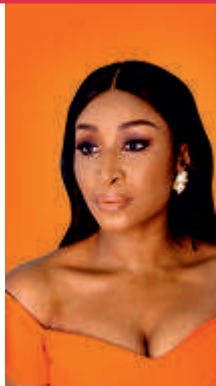
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## Flashlight Poetry Ngozi, Dorcas Awa

An alumnus of the University of Greenwich, London and the University of Nigeria, Ngozi is a content writer. Through her writings, she explores several topics including leadership, climate change, well-being, love, forgiveness, and happiness.

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## Business Secrets Ashionye Michelle Raccah

Malimbe team had a chat with Ashionye, Michelle Raccah, the presenter of the show: Cool Kids Cook. During the interview, Ashionye shared her experiences with working with children.



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## Around the World Orlando: Home to Cinderella's Castle

The city is filled with all sorts of attractions that would give your children amazing memories to last for a lifetime. Located in central Florida, Orlando is a city in the United States of America and the county seat of Orange County. Also home to Cinderella's castle at Walt Disney World, there is an incredible mix of fun kids can have there.



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## Moda Teju Williams



## Urban Oga

Jare Ijalana

A child model dubbed the 'Most Beautiful Girl in the World' by YAHOO Lifestyle in 2018, Jare is a member of a group of three child model sisters known as the J3 sisters.

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## Photography

Yemi Disu

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## Art vitamins

Jimmy Nwanne



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## Clean Earth

*World Migratory Bird Day: The tale of birds without borders*

Why stick to a place that is not favourable when you are not a tree? That is the tale of migratory birds. They move from one region to another to search for the best ecological conditions where they can feed and breed their young ones.

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# CONTENT



Ana Acha  
Malimbe

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irst of all, let me take this opportunity to wish all our Malimbe readers a very happy new year. We are delighted to be able to be back with you and we hope you enjoy reading the magazine as much as we enjoy making it. Our hope is that this new year of 2021 comes full of opportunities and success for Nigeria.

The year 2020 will pass into history as one of the worst years we will ever remember, at least at Malimbe. It has taken us eight months to be able to print again due to the restrictions established by authorities in the airline industry. Nevertheless the most important thing is to keep passengers safe and to make sure that COVID-19 doesn't spread in Nigeria in the devastating way that has affected other countries in the world. For this, we also congratulate the people of Nigeria for their consistency and their disposition to act with caution to safeguard public health.

During the lockdown, Malimbe's team was working from home on our technological infrastructure to come up with new surprises for 2021. We hope that all these investments will be to the liking of our passengers, airline partners and advertisers.

For 2021, and in line with the protocols established by the Nigerian authorities, Malimbe's team came up with the idea to give passengers the opportunity to scan a QR and download the magazine without any risk of

transmission. At the moment, every passenger can request or take their boarding-size flier at the check-in or sale counters of our different airline partners; they can now scan the QR code bar with their phone and they will immediately be able to read the full magazine anywhere and anytime. We hope this will allow you to enjoy our magazine in complete safety.

As you know Malimbe loves to do giveaways. This month share the link or QR code and tag @malimbeafrica for a chance to win a prize!

The top 10 sharers will win!

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Olu of Warri's Palace.





# WARRI:

*A City to Celebrate  
With Children*

“

Visit this city with your kids  
anytime of the year.

”

Warri no dey carry last! That is the typical hailing for people from this state. The riverine town is located in Delta State. Also a fishing village, many of the residents engage in fishing activities. Due to the discovery of oil in the state, Warri is also a hub for petroleum-related activities in the country. The people of the city are friendly and known to be very fluent in pidgin English. Visit this city with your kids to celebrate Children's Day and to enjoy a lot of laughter from jokes made by comedians in the city. You can travel to the city by air or by road. Warri has an airport called Osubi Airstrip, and its fares depend on cabin option, date of the booking, and time of the year. In the city, there are various transport options including Keke Napep, Danfo, and cab. If you love boat rides, trips via boats are relatively cheap and you can use it to get to other riverine areas in the city.

During your visit to the city, you will see amazing spots where you can relax with your family like the Delta Mall.

Located at Effurun Round About in Warri, the Delta Mall is the first regional-scale shopping centre to be constructed in the city. It is carefully designed in detail from the vibrant floor and wall finishes to impressive ceilings with a variety of restaurants located in the complex. Visitors can stop at any of the restaurants to enjoy some local cuisines. One of the meals we will advise you to take with your kids is the Banga soup. If you have not taken one made in Warri by a Warri person, then you are in for a treat!

Aside from taking a meal, you can visit the cinema in the mall and watch an animation with your children. There are a lot of clothing



Nanna's Palace.

“ In 1979, Nanna's Palace was declared by the Federal Government as a National Antiquity. ”

and furniture stores, so you can do window shopping if you like. There is also a selection of entertainment with games option your kids can try; just take a tour around the mall and have some fun.

Not far from the mall is the Effurun Garden Park. There you can unwind amidst wild gardens and luscious vegetation. It has enough room for children to play around and even ride a bike. At the park, you will also find a lot of species of trees, birds, and palm. So, bird watching is also a fun activity you and your kids can engage in. While your children have fun, if you prefer to unwind, you can lie on the lush garden and read a book or just join Malimbe's

conversations on Twitter.

You can also visit Nanna's Palace and let your children learn a bit of history. Located at Koko in Warri-North Local Government Area of Delta State, the historical museum shows how life was in Warri before civilisation. Filled with several historical artifacts, the magnificent edifice was built by Chief Nana Olomu, a nineteenth-century indigenous entrepreneur. In 1979, Nanna's Palace was declared by the Federal Government as a National Antiquity.

The Olu of Warri Palace is also another fascinating place to visit with kids. It is home to the

traditional ruler of Warri and many events and festivities such as the Awankere festival are held in the palace. The coronation of new chiefs is also held there. According to historians, the existence of the palace dates back as far as 1480 when a Bini prince called Ginuwa was sent to Warri by the then Oba of Bini. Ginuwa discovered the kingdom and decided to build the magnificent citadel.

For more bonding activities with your kids, you can visit the Warri Stadium. Located at Cemetery Road in Warri, the multipurpose hall is used for football matches. It has a capacity to hold twenty thousand people; consequently, there is



Warri Old Market.

“Abraka Turf and Country Club is the only equestrian country club in Nigeria.”

enough room for you and your children to watch a game. Abraka Turf and Country Club is the only equestrian country club in Nigeria. You can take your children to the club to enjoy adrenaline-pumping activities like horseback riding, golf, kayaking, fishing, swimming, and deep water diving. You will find the Club at the Ethiope river valley in Warri.

For worship, if you are a Christian, you can go to the Word of Life Bible Church. The Pentecostal church has one of the largest congregations in Nigeria. The church, established on November 15, 1987, has an average of fifteen thousand worshippers weekly. It also has over seventy locations worldwide. The church

Warri Stadium.



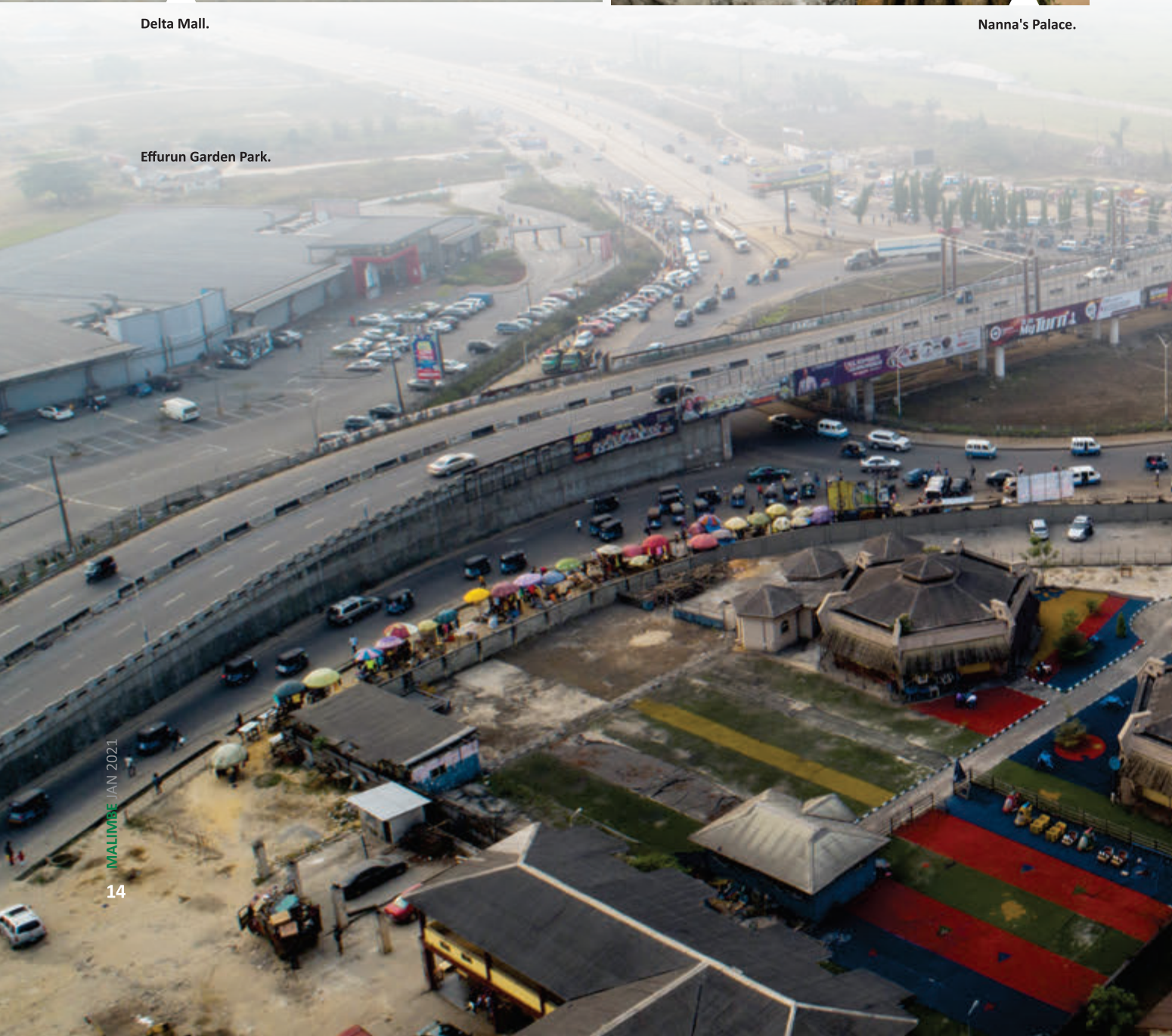




Delta Mall.



Nanna's Palace.



Effurun Garden Park.



offers several types of services, ministries, fellowships, and outreaches depending on its parishioners' age, marital status and needs. It also has a teen's Fellowship known as "Action Teens for Christ Fellowship" that children can attend.

Before leaving Warri, you can visit the Old Market in the town to get yourself and the children some souvenirs. There, you can get foods, flower vases, textiles, toys, amongst other things. Other markets you can visit is the Effurun market and the Ibo market. When you do leave the city, feel free to share your experiences with us at Malimbe. We would love to hear all of it! ■



Olu of Warri's Palace.







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Sefi Atta

Sefi Atta was born in Lagos, Nigeria, in 1964 and currently divides her time between Nigeria, England and the United States. She is the author of novels: *Everything Good Will Come* (2005), *Swallow* (2010); *A Bit of Difference* (2014), *The Bead Collector* (2019); the short story collection, *News from Home* (2010); the children's book, *Drama Queen* (2018); and the play collection, *Sefi Atta: Selected Plays* (2019). She has received several literary awards, including the 2006 Wole Soyinka Prize for Literature in Africa and the 2009 Noma Award for Publishing in Africa.

## An excerpt from chapter five

*January 15, 1976*

I returned to my shop after lunch on Thursday to find out a customer had collected her invitation cards in my absence and left without paying. Festus had written down her name as Mrs. Hernandez. I knew her as Auntie Eugenia. She was exactly the sort of customer who would consider Festus too much of an underling to deal with, and he wouldn't have had the nerve to stop her. She was pleased with the cards, he said, but had refused to pay for them.

"Why?" I asked.

"She said she would like to speak to you first," he said.

Auntie Eugenia wasn't the sort to avoid paying a bill. She probably wanted a discount. I decided to call her, even though I was annoyed she had treated Festus that way. I also wished he wouldn't be so deferential to customers. He was too easily intimidated by them. During the Christmas holiday, I'd had to intervene when a customer berated him over an order. This woman changed the time of her party after her invitations had been printed, and demanded that Festus print a new set of cards. Festus was trying to explain why she would have to place a new order, but she kept interrupting him, finally asking, "Do you know who I am?" I would normally do

anything to pacify a customer, but I came out of my office and said, "Madam, you can't talk to him that way." She was exactly as I imagined, overdressed, with an accusing look in her eyes. "Are you the owner of this place?" she asked. I said, "Never you mind. All you need to know is that you can't talk to him that way." She said she could speak to Festus any way she pleased and I had no right to be rude to her. I asked her to leave. She tried to slam my shop door, not realizing it was faulty and could only be shut from the inside. Boniface was only too happy to assist her.

Festus and I were second cousins. His grandfather and mine were brothers. My grandfather converted to Christianity while his rejected it. Their family would rather have had my grandfather dead than converted, so he ran away to a Christian settlement to escape their threats. Missionaries taught him how to read and write English. The English missionary who baptized him stripped him of his family name, Durodola, and gave him the surname Thomas.

A generation later, my father attended seminary school and became an Anglican priest. He was a Thomas while Festus' father remained a Durodola. My father eventually persuaded Festus' father to convert to Christianity, and as his church services were held in Yoruba, Festus' father was able to follow them whenever he attended Saint John's. Festus' father

also continued to practice polygamy, in the tradition of their forefathers. He was a cocoa farmer and Festus' mother was his last wife. He married her when he was in his late fifties and she was a mere nineteen-year-old. After they married, his farming business began to flounder, so his other wives blamed her for bringing bad luck to the family and ostracized her.

I'd often wondered what the Durodola side of the family would be like had Festus' grandfather converted to Christianity when mine did. In the end, I had to conclude that the only difference would be financial. On the Thomas side of the family, Christianity led to education, and education led to secular professions, which was the usual progression. My mother's Saro ancestors had almost certainly been coerced into Christianity and suffered atrocities in the New World to learn the language of their masters. But they returned to Lagos as free people and lorded it over the indigenes, until the indigenes caught up and surpassed them.

Auntie Eugenia was of Aguda descent. Her great-grandfather was an emancipado. Born a Franco and once married to a Hernandez, she still believed in her innate superiority. When I was a girl, her late husband's family home, Hernandez House, was one of the finest on Kakawa Street in Lagos, but it had long been demolished and was now replaced by hovels. ■



This column is based on Sefi Atta's novel *The Bead Collector*, which is out in 2020. Six years after the Nigerian Civil War, a new military regime is settling in amid rumours of an imminent counter-coup. At an art exhibition in affluent Ikoyi, greeting-card shop owner, Remi Lawal meets Frances Cooke, an apparent bead collector.

They bond and Remi welcomes the American into her world. However, the assassination of General Muhammed causes Remi to reconsider one telling conversation with Frances as she begins to doubt the American's identity. In this international espionage tale, Sefi Atta explores the intrigue and politics of family life as she reveals one Nigerian mother's yearnings to help build her country from home.

National  
**Winnie the Pooh**  
Day January 18th



At Malimbe, our narrative vision is driven by a humanitarian cause, and this informs the kind of future we hope to discuss with our prints. We remain committed to promoting global causes that inspire humanitarian actions. It is for this reason that we have created a Malimbean Pledge which we live by. We will keep dedicating each edition of Malimbe to a charitable cause; one that promotes the common good.



## Winnie the Pooh Day: Celebrating Children's Favourite Character

Winnie the Pooh Day is an annual holiday celebrated on January 18<sup>th</sup>, the birthday of A.A Milne.

Commemorating the death of the bear-story teller who has been entertaining kids since the 19<sup>th</sup> century, the day is one that must not be missed.

Winnie the Pooh, also called Pooh Bear or Pooh, is a classic children's book based on a fictional anthropomorphic teddy bear. Featuring characters like Piglet, Tigger, Eeyore, Kanga, and Roo, the story is based on stuffed animals owned by Christopher Robin Milne, A. A Milne's son.

Winnie-the-Pooh is the first volume of stories about Winnie the Pooh. The main character, Pooh is a yellow-furred, honey-loving bear, who loves to eat honey and is with good character. He lives in the forest surrounding the Hundred Acre Wood, which is modeled after Ashdown Forest in East Sussex, England. His crew includes; Eeyore, a gloomy gray donkey; Piglet, a shy pig; Owl, a pontificating bird; the meddlesome Rabbi.

Most of the time, Pooh hangs out with his crew and he is always interested in the lives of people around him. Pooh,

aware of his intellectual limitations, refer to himself as a Bear of 'very little brain', and often gets himself into different unusual situations. The book recounts his various entertaining adventures through several chapters.

As a story, Winnie the Pooh was first published on printed pages in 1926, although it was given to Christopher Robin as a gift for his first birthday on August 21st, 1921. Over the years, Winnie the Pooh has evolved with Milne featuring the story in many Disney films as well as books including the House at Pooh Corner in 1928. Milne also featured a poem about the bear in one of the children's verse books titled: *When We Were Very Young* in 1924 and in *Now We Are Six* published in 1927. Many of Winnie the Pooh's books have been translated into many languages including Latin.

Pooh has been voiced by several influential actors like Sterling Holloway, Hal Smith, and Jim Cummings in English, and Yevgeny Leonov in Russian in several movie adaptations. The Pooh story is also one of many children's favorite characters all over the world.

This January 18<sup>th</sup>, you can help your child celebrate Winnie the Pooh day by organizing a teddy bear picnic among his/her friends. You can also

“Winnie the Pooh also called Pooh Bear or Pooh is a classic children's book based on a fictional anthropomorphic teddy bear.”

take your child to visit Pooh Corner in Hartfield, East Sussex; the place where most of the beloved series was written. There, you can play a game of Poohsticks on the original bridge. If your child is yet to know about Winnie the Pooh, you can introduce the story to him/her, sharing the magic of the Pooh wonderful character with your child.

On the world-wide celebrated day, you can cuddle up with your child and watch a Winnie the Pooh cartoon while you share cookies or popcorn. You can also indulge in a Winnie the Pooh movie marathon, watching all the films from the 1970s until the present with your child. ■



# Orlando

## Home to Cinderella's Castle



**T**his new year is a good time to fulfill some of your children's bucket list and take them on a whirlwind of amazing adventures. Orlando is filled with all sorts of attractions that would give your children amazing memories to last for a lifetime. Located in central Florida, Orlando is a city in the United State of America

and the county seat of Orange County. A well-kept city centre, its climate averages around 75°F (24°C). Also home to Cinderella's castle at Walt Disney World, there is an incredible mix of fun kids can have there.

At Walt Disney World, children can have their imaginations soar. The

Entertainment complex located at Bay Lake and Lake Buena Vista, Florida was opened on October 1, 1971. The complex consists of four theme parks including the Magic Kingdom, Epcot Center, Disney's Hollywood Studios, and Disney's Animal Kingdom, two water parks, twenty-seven themed resort hotels, nine non-Disney hotels,



several golf courses, a camping resort, and other entertainment venues, including the outdoor shopping center - Disney Springs.

If your child is a fan of Star Wars, Disney's Hollywood Studios is the ultimate place to be. At the Star Wars Launch Bay, you can get your kid costumes, models, and props from the film series while your kid forms alliances in meet-and-greets with Chewbacca and Kylo Ren.

For a hair-raising experience with a gape of smile, you can take your child to The Twilight Zone Tower of Terror in the Disney World. The tower dares visitors to enter a rickety service elevator to the hotel's 13th floor and propels then up and down constantly. You can also have your child humming "Yo ho, yo ho, a pirate's life for me" at Pirates of the Caribbean, a classic Disney attraction, and travel through the three-storeyed mountains of the Magic Kingdom which include the Space Mountain, Big Thunder

Mountain, and Splash Mountain.

There are also tons of other attractions your child can have at the Disney World; however, since it is one of the most visited locations in the US, if you want to avoid long queues and want your child to have a blissful escape from the real world, then it is advisable to plan the attractions you want your child to experience and ride them first thing in the morning.

At Universal Orlando Resort,



Universal Studio globe.

“ If your child is a fan of Star Wars, Disney's Hollywood Studios is the ultimate place to be. ”

The Carousel at Walt Disney World.







Cinderella Castle at the Walt Disney World.

Walking into Universal Studios.



your child can play, scream and laugh with some of the biggest characters in Hollywood movies. At the resort, your child can soar over Hogwarts™ and cast spells with a wand like Harry Potter™, ride the Transformer game, race with the Fast and Furious family, swing through city streets with Spider-Man, and conquer the mighty Krakatau volcano. The resort, also having two theme parks, Islands of Adventure and Universal Studios Florida, features several movies produced by Universal Pictures. Some of the most popular features are The Wizarding World of Harry Potter, Optimus Prime, the Escape from Gringotts, as well as Hogwarts. Your child can

experience these adventures without having to exit the park.

Just like Disney World, a large number of people usually visit the resort so you should arrive there early, preferably forty-five minutes before the park is opened. Also, if you want your child to ride the Hogwarts Express to visit both Diagon Alley and Hogsmeade, then you must get a park-to-park ticket. It will also save you a few bucks and some time if you get the ticket in advance.

The Wheel at ICON Park Orlando is also a fun place to take your child to. The giant ferries wheel is a four hundred feet tall (122 m) observation wheel opened under the name Orlando Eye.

The wheel gives a rider a smooth experience on the way around while swinging mid air. The Wheel has 30 climate-controlled capsules that accommodate up to 15 people, so if your child is afraid to swing alone, you can join. Each swing takes about twenty-two minutes, giving visitors enough time to marvel in Central Florida's most spectacular views. At the heart of International



Drive at ICON Park is Madame Tussauds where children can have fun with their heroes and take selfies with their favourite stars. At the Centre, children can strike a pose with the talented Taylor Swift, swing punches with Ali, run and save the world with The Flash, kick butts with Wonder Woman, Cyborg, Superman, Batman, and Aquaman. You can also visit Sealife at the park and let your children experience the ocean without getting wet! They can also meet amazing scuba divers, touch real-life sea fishes, and take amazing photos at the colour galore of the jellyfish wall.

Close to the SeaWorld is Legoland. There, children can battle evil on the Lego Ninjago Ride using martial skills. Based on the popular The Lego Movie and its spinoffs, the Legoland shows the same kind of offbeat but charming sensibility.

Youngsters can also watch the show and after that go to a dragon ride. The park also offers driving schools for children of different ages. At the school, kids can get behind the wheels, earn the experience of driving a car and even get their license!



Gringotts Bank Diagon Alley at Universal ORL.

Walt Disney and Mickey Mouse at the Magic Kingdom.



The park serves food menu that children can take which includes pizza, burgers, chicken fingers, a pasta buffet, and a grilled chicken salad.

They also serve chilled drinks and even ice-cream for children to step-down with. Aside from these attraction centres, Orlando is filled with dreams and wonder, so your children will have a limitless amount of fun when you take them to visit the city; just don't forget to share some pictures with us at Malimbe. ■

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## Me Too Movement – Sexual Harassment in the Work Place

**T**he Me Too movement is engineered by women against sexual harassment. Since the commencement of the movement, there has been an increased number of reports of sexual harassment in the workplace.

The United Nations' Committee on the Elimination of Discrimination against Women ("CEDAW") recognizes sexual harassment as violence against women and considers it an unwelcome sexually determined behavior which can be humiliating and which may constitute a health and safety problem. According to CEDAW, sexual harassment is discriminatory "when the woman has reasonable grounds to believe that her objection would disadvantage her in connection with her employment, including recruitment or promotion, or when it creates a hostile working environment."

In Nigeria, the National Industrial Court has held that sexual harassment is a form of discrimination based on gender,



and it has the effect of cancelling equality of opportunity and treatment at the workplace. In addition, sexual harassment constitutes a breach of the provisions of the Constitution of the Federal Republic of Nigeria on freedom from discrimination, torture, and inhuman or degrading treatment. It is also a breach of the provisions of the African Charter on Human and Peoples' Rights on the equality of all people and their right to work under equitable and satisfactory conditions.

Despite the empowering effect of the Me Too movement, as well as legislative and judicial backing, statistics remain that sexual harassment in the workplace is under reported. In reporting,

“ Sexual harassment is not acceptable and should NOT be allowed. ”

victims worry about its discriminatory effects and how others may perceive their concerns, despite their bad experiences.

Sexual harassment is not acceptable and should NOT be allowed. The law frowns against sexual harassment, and with sufficient evidence, victims can find justice. ■



Malimbe team had a chat with Ashionye Michelle Raccah, the presenter of the show: Cool Kids Cook. During the interview, Ashionye shared her experiences working with children.

# Ashionye Michelle Raccah:

*Helping children become well-rounded individuals through Cool Kids Cook*

“

At Pineapple TV, we are trying to bring out the star in every child.

”

**You have a lot of experience at Cool Kids Cook, can you tell us more about working on television with children?**

Cool Kids Cook is a Pineapple TV initiative. It is a show that educates kids that it's cool for girls and boys to learn how to cook, how to be hygienic in the kitchen, as well as the process of preparing a healthy meal. I'm the presenter, director, and producer of the show and I have amazing kids who come on the show and are willing to make meals they haven't made before. It is quite an experience because some of these kids haven't made delicious meals before and they enjoy their meals! We even had two dads who joined us on the

show to taste the meals their sons had made, and to be honest, they were proud of their sons, and we received positive reviews from them!

**Which ages are these children? Are they mostly girls or they include boys as well?**

Yes, we have a mix of boys and girls ranging from the age of three to sixteen on the show, and every child on the show, both boys and girls, have an amazing time. A lot of them were shocked that they could make the meals that they made. Some of them had never heard of the meals they were to prepare but were willing to learn and that's the whole idea behind

Ashionye Michelle Raccah is a multi-talented personality. She is an actress, musician, a screenwriter, and a filmmaker. She is also an entrepreneur, founding a perfume line called: Romance by Ashionye. For Pineapple TV, Ashionye is the producer, director, and presenter of the shows: Stereo & Cool Kids Cook, a programme that teaches children how to make delicious and hygienic meals. This edition, we are focusing on her work on Cool Kids Cook.

**Ashionye Michelle Raccah**  
Producer, Cool Kids Cook  
Pineapple TV.





“Pineapple TV is promoting Nigeria to Africa and the World.”

Cool Kids Cook; to teach children to make meals from all over the world and do it with ease.

**Teaching kids to cook is a good way to groom children to become well-rounded individuals. What other things do you think kids are learning from Pineapple TV in this regard?**

The kids we have worked with so far have learned to be confident and to become top notch presenters. Basically, Pineapple TV educates kids; we help them to become all-rounders from acting, to singing, to presenting, to cooking on Cool Kids Cook. We are trying to bring out the star in every child we work with on all our projects and are hoping to do more with the channel. We also

aim to bring out the star in every child that views the channel.

**Food is part of the culture in any country. What other role is Pineapple TV playing to promote the culture and heritage of Nigeria?**

Pineapple TV's slogan is: From Nigeria, for Africa and the World. Pineapple TV's mandate is to positively promote Nigeria and Nigerians to Africa and the World, and in the process, educate and entertain our viewers on all things African. This includes our traditions and culture, our meals and our languages. For example, Tamarind Tales is a show designed to promote the use of our indigenous languages including Hausa, Yoruba and Igbo, but we have episodes in



Tiv, Efik and Kanuri also. Other languages are being added all the time.

Pineapple TV offers varied content including Career Information, Afro-Centric Animations, Natural History shows and much more. 95% of the show are original shows made in Nigeria, and the rest are sourced on the African Continent.

**The quality of Nigerian music and movies that you have been involved with has greatly improved over several decades. How do you think Nigeria can further develop its entertainment industry?**

In the last two years, I would say we have blown tremendously in the movie and music industry. The world is hearing about our music stars and







“ We have international bodies coming in presently to work with us in the movie industry. ”

movie stars. We have international bodies coming in presently to work with us in the movie industry. We have Nigerian singers working with international artistes. We also have Nigerian artistes, who were groomed here in the country and started their career in Nigeria, now international artistes. So, I think our industry is already there but there is still room for improvement, and we will get better. We can't say we are equal to Hollywood yet, because they've been there longer than we have, but we are hoping to match them.

**Many young people aspire to be successful artistes but only a few make it to the limelight. What advice would you give to up and coming artistes hoping to be successful in**

**the entertainment world?**

First of all, I would say, be yourself. Have confidence in whatever you do; don't let anyone tell you that you cannot do anything. Believe in yourself; you are a star, and you are meant to shine.

**As a screenwriter, what would you say inspire your writings for the entertainment industry?**

I write stories that have social messages, such as in my film 'Journey to Self'. I like stories that people can relate to, not just as Nigerians, but the world over. They include a plethora of issues like barrenness and depression. Things that people are wary to talk about on a day to day basis in our society. I get inspiration from stories I hear on the news and the ones that I'm told by friends. So, I just go back and create these stories to pass a message and to talk about these issues. Basically, I get inspiration from the people around me.

**Aside from being a screenwriter, actor, actress, and presenter, you have a perfume line called 'Romance by Ashionye'. How are you able to balance your personal life with your professional life when you have so many passions you are involved with?**

It's a lot but it is all about scheduling and I have the support of my family. So, I try my best to do as much as I possibly can.

**What legacy would you like to leave in the entertainment industry?**

When I'm gone, I want people to just mention my name and associate me with positive things. ■

“ When I'm gone, I want people to just mention my name and associate me with positive things. ”





# LONDON

Experience in England by *Francesca Fasesin*.

Photography by *Joshua Brathwaite*





If you are a Nigerian living abroad or know someone who'd want to share his/her experience, write us at [info@malimbe.africa](mailto:info@malimbe.africa).

Francesca Abiodun Fasesin is a Nigerian based in London. A technology architecture analyst, she is also the founder of Pe'Lumi Bakes.

**M**y mum comes from Abeokuta, home of the beautiful women of Nigeria, and my dad is from the homely and slower-paced Ibadan. One of my favourite memories of Nigeria was visiting an uncle's book store in Ibadan. I love books; I find reading so cathartic and so much of what I know and understand of the world comes from the stories I've read and cherished.

possibly explore every part of it in a year, let alone a short break. My favourite thing about London is that it never stops; there's always something to do, a new restaurant to try, events to attend and tonnes of people to meet. As an entrepreneur, this is great, as I often come across young entrepreneurs who are trying to grow and scale their businesses; it's a sense of support and inspiration to me.

“ Although my name isn't Pelumi, the meaning resonates with me.

”

At the moment, I'm completing my dissertation for my second MSc, no more after this unless it's an MBA at Harvard! I'm exploring female genital mutilation/cutting and religion. I also work full-time as a technology architecture analyst, which is a very elaborate way of saying I consult on how a technology solution should look for a client and their given business need. If I'm not writing or working, I'm decorating cakes. I own my own bespoke cake business, Pe'Lumi Bakes.

Pe'Lumi Bakes is my biggest achievement to date. Baking has always been something my mum and I have indulged in and two years ago, after attending a cake decorating course, I decided to start the business. Although my name isn't Pelumi, the meaning resonates with me, celebrating my Yoruba culture and taking people on my journey as I explore cakes as a medium for my creativity. Starting a business is not as glamorous as it looks, but it's certainly rewarding seeing a client's reaction to something I've created uniquely for them. To anyone thinking of starting a business, just do it, start small and dream big! ■

There's no place like London; honestly, there isn't. Lagos rivals London's energy but the diversity in people, cultures, and opportunities is unique to London. I've always lived in London, but it always amazes me how vast London is. You couldn't





Children celebrating in Lagos. Picture taken in 1987. Picture from *Lagos State Life and Culture* by Gbenga Sonuga, Volume 1.

# THE NATION'S FUTURE

## How Nigeria invested in the education of children through time

“

Macmillan  
Primary English  
text book contains  
classic stories  
such as Ali and  
Simbi, Mr. and  
Mrs. Salami, and  
Edet who lived in  
Calabar.

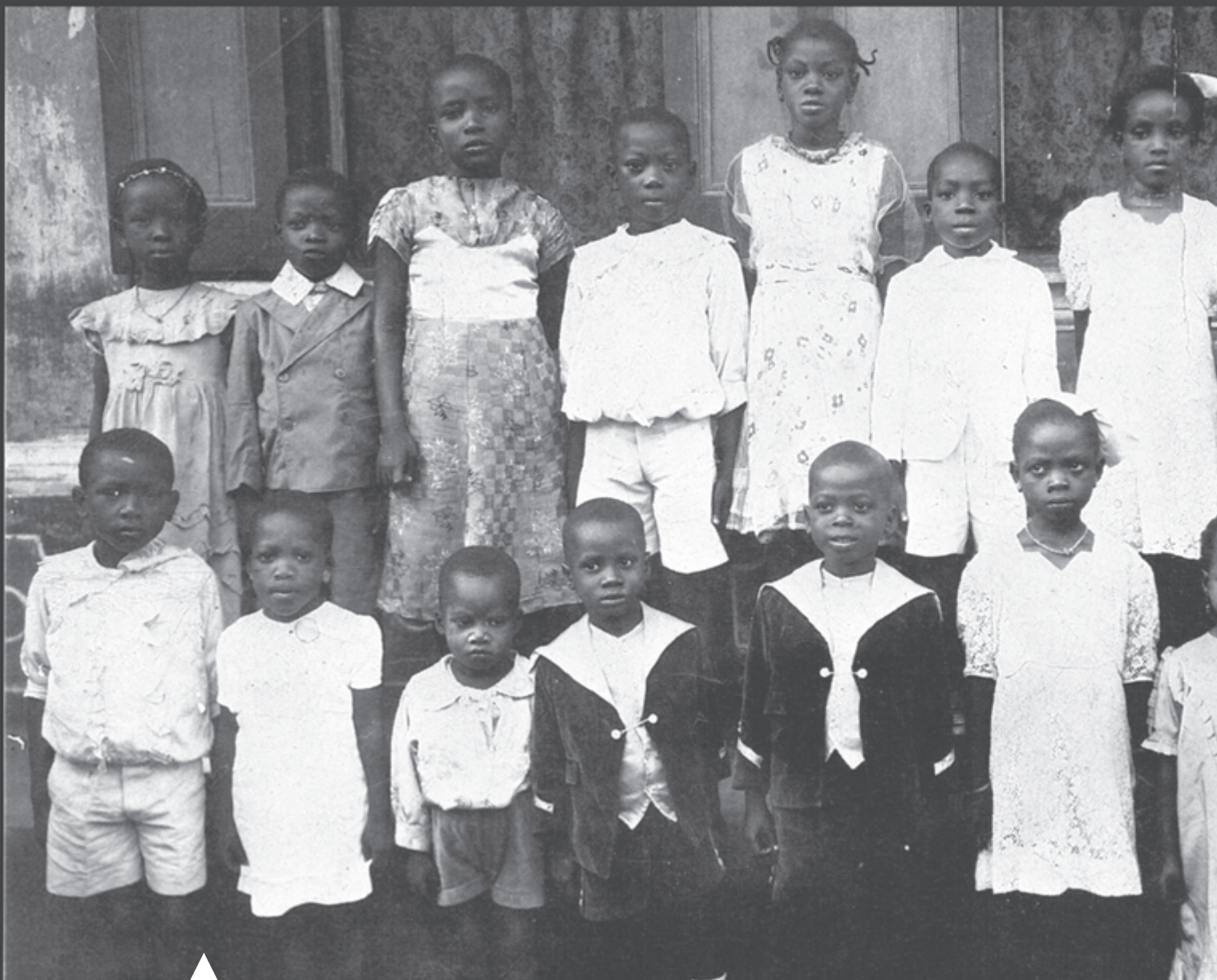
”

“Children are the leaders of tomorrow.” This mantra is entrenched in the Nigerian culture that every institution in Nigeria provides various avenues to equip youths with the knowledge they need to excel.

In the 80s and 90s, several plays were written for children to imbibe the culture of reading in them, aid their artistic expression, and educate them on their culture. Popular children literature during the period include: Macmillan Primary English Textbook written by Taiwo Longe and Ebo Ubahakwe and contains classic stories such as Ali and Simbi, Mr and Mrs Salami, Edet who lived in Calabar, and Agbo who lived in the town of Lagun.

Classic books during the period also include: Eze Goes to School by Onuora Nzekwu and Michael Crowder, The Gods are Not to Blame by Ola Rotimi, The Bottled Leopard by Chukwuemeka Ike, Sugar Girl by Kola Onadipe, Chike and the River by Chinua Achebe, Things Fall Apart by Chinua Achebe, Flying Tortoise by Anezi Okoro, and Burning Grass by Cyprian Ekwensi.





Lagos family portrait. Picture taken in the early 1920s. Picture from *Lagos State Life and Culture* by Gbenga Sonuga, Volume 1.

“ In February 2007, Nigerian Philanthropist, Zannah Mustapha established a school so that orphans can attend. ”



Aside from books, thousands of schools were set-up in the country. In 2005, Kano had three thousand four hundred and fifty primary schools. By May 26th, 2009, Nigeria had fifty-four thousand, four hundred and thirty-four public primary schools. These schools have curriculum such as Mathematics, English, and Sciences to impact children with the knowledge needed to survive in the world. Similarly, other schools in all levels have different curriculum and in the past two decades, these curriculums have expanded greatly. Various entrepreneurial skills such as sewing, home management, music have been added.

Students are also often taken on excursions to museums, airports, and malls to expose them mentally and socially. As far back as 1987, students were taken for an exhibition at the National Council for Arts and Culture in Iganmu, Lagos; they were also made to participate in Lagos celebrations and were also dressed in their best Sunday outfits to go to churches. Various fun activities such as inter-house sports, cultural day are organised by school authorities to further enhance children's sports abilities and educate them on culture.

A lot of children who are less privileged and as a result have no access to formal education were also catered for by some institutions. In 2004, a group of women in Kaduna founded the organisation called Girl Child Concerns. This nonprofit initiative gives female student scholarship to ensure they attain the highest level of education without financial constraints. EAC in collaboration with the Oando Foundation also pledged to implement a three-year project to increase access to primary education for sixty thousand out of school children (OOSC) across one hundred public schools in Nigeria. In February 2007, Nigerian Philanthropist Zannah Mustapha also established a school so that orphans can attend. Zannah's school, Future Prowess Islamic Foundation, caters for about



eight hundred and sixty students. The school gives children physiological, social, nutritional, and educational support.

In 2010, Tony Elumelu, another Nigerian philanthropist, through his foundation also began to equip youths via entrepreneurial training and gave them seeds to enable them to become successful business owners.

In theatres, children are also encouraged to act and express themselves. Shade Tree Theatre works with children in this capacity. The institution works with children of the street of Jos, helping them to analyse problems they encounter and to come-up with practical solutions to deal with them. In 1986, Lagos State Council for Arts and Culture also organised a children's theatre workshop. Children's Theatre Festival was also set-up in Abuja and it is focused on hosting children in Nigeria in a

theatre space to use art methodologies for social change.

Performance mostly done by children are also centered on social issues affecting children in Nigeria from security, education, health, violence, and other social setbacks. Several universities in the country such as Obafemi Awolowo University also have the department of drama and theatre where youths are trained to become top-notch actors in the country. The University theatre is also used to present drama for attending visitors. The University also has a music department where youth are taught how to make harmonious and incredible music.

Organisations also sponsor children to partake in carnivals to promote children's development and provide them with the means of expressing their creativity. During



“

In 1986, Lagos State Council for Arts and Culture organised a children's theatre workshop.

”



Two scenes from a children's theatre workshop organised by the *Lagos State Council for Arts and Culture*. Picture taken in 1986. Picture from *Lagos State Life and Culture* by Gbenga Sonuga, Volume 1.





Children dressed up with their Sunday best. Picture taken in the early 1940s. Picture from *Lagos State Life and Culture* by Gbenga Sonuga, Volume 1.



the Calabar Carnival in 2011, thousands of children were dressed in beautiful costumes as they marched and danced several miles during Africa's biggest street party. They were also served with noodles and drinks sponsored by

Dangote's Group to help revitalise them during the festival.

Now, Cooking shows such as Cool Kids Cook produced by Ashionye Michelle Racciah are set up to equip children with

Secondary school students at an exhibition at the National Council for Arts and Culture, Iganmu Lagos Mainland. Picture taken in 1987. Picture from *Lagos State Life and Culture* by Gbenga Sonuga, Volume 1.



cooking skills and help them become well-rounded individuals. Churches also have special programmes set aside for children of different ages to learn and study the bible and television stations

such as NTA also have TV shows dedicated to enlightening children. Just like Malimbe, Nigeria is passionate about the future of her children and that is reflected in all that it does. ■

Photos courtesy:  
National Museum Library, Onikan, Lagos.





An alumnus of the University of Greenwich, London and the University of Nigeria, Ngozi is a content writer. Through her writings, she explores several topics including leadership, climate change, well-being, love, forgiveness, and happiness. Her poem, Coffee Beans explores the themes of hope, fear, and love.

# Ngozi

**Dorcas  
Awa**



## COFFEE BEANS

He woke up to the smell of coffee  
The tingling aroma gliding into his nostrils  
Travelling to the head  
Touching the depth of his soul  
Spreading strength across his body  
Placating tired nerves  
With each drawn breath, bad energy fled his core  
Evaporating through the pores of the skin.

Coffee beans lying robustly in a ceramic tiny bowl  
Sitting on their bedside table  
Placed there by him, as a constant reminder of the  
Ups and Downs of living.

Wake up and smell the coffee!  
Her response to his frustrations and shortcomings

Her words, acidic as green coffee beans, from the  
fields of Mambilla  
Her green beans implanted and sprouted in his  
head  
A mouse, he is akin to  
Thinking of himself, smaller than a granule  
Her voice lives in his head, get rid of it, he must.

Her sarcasm, he uses in his favour  
"Guess what Barista? I woke up, smelt the coffee,  
and I liked it!"  
He felt brand new, reborn  
Like the Phoenix, ready to soar again  
His confidence surged, limitless like coffee granules  
in Cafe Barista.

"I smelt the coffee, hope inhaled, fear escaped!"



Since the dawn of civilization, history and stories have been passed through generations in poetic form. In modern times, poets have been affected by colonialism, political and economic upheaval, and globalization. If you are a poet and want to be featured in Malimbe, please send an email to: [info@malimbe.africa](mailto:info@malimbe.africa).





# Williams Teju

Teju Williams nee Okunnu is the creative director for Revelation Clothing by Abike. The brand is an African-inspired clothing line for children between the ages of one to twelve. Thus, it focuses on creating unique kid's clothes which represent the African culture. The brand aims to preserve the African values through the use of ethnic textiles in making mind-blowing designs. Teju Williams isn't just a fashion designer, she is a kid enchantress.



#### Amoke Ball Dress

This dress is made with 100 percent Ankara cotton and a piece of a bright yellow fabric. It is perfect to wear to occasions.





#### Anike Kaba Dress

This is an ethnic play dress made with 100 percent cotton Ankara.



#### Anike Kaba

This is an ethnic play dress made with 100 percent cotton Ankara.



**Ankara Kimono**

This can be rocked with any matching outfit.





**Titobi Jumpsuit**

This can be rocked to a play-date.

**Ethnic Tunic Top**

Wear this with any colour of trousers or a skirt and you would still look great.





Are you a fashion  
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#### Amoke Ankara Ball Dress

Made with a mixture of Ankara and  
net, it can be rocked to any occasion.



# Street *Fashion*



**Name:** Ivana Okorafor  
**City:** Lagos  
**Occupation:** Model and Student



**Name:** Joba Ijalana  
**City:** Lagos  
**Occupation:** Model and Student



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Street fashion is generally associated with an active and thriving youth culture. Mainstream fashion often appropriates street fashion trends as influences. Most major youth subcultures have had an associated street fashion: hippies, punk, gothic, preppy, hipster, trendy, urban, greaser, kawaii...What's your tribe? What's your inspiration? Help us show the best street style from Nigeria!



**Name:** Velma Okorafor  
**City:** Lagos  
**Occupation:** Student



**Name:** Jomiloju Ijalana  
**City:** Lagos  
**Occupation:** Model and Student



**Name:** Alex Idowu  
**City:** Lagos  
**Occupation:** Student

# Pineapple



From Nigeria, For Africa and the World...

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## StarTimes

Channel 129



# Jimmy

## Nwanne

Born in Kaduna, Nigeria, Jimmy studied fine arts with painting as his major at Nnamdi Azikiwe University in Awka. Jimmy's works explore the relationship between life, identity, and migration.

In his portraiture, he achieves a blend of realism and abstraction by concealing, revealing, and breaking down some elements of the subject matter to incorporate negative space into positive space, also using colour and unusual shapes. His series features portraits of a young boy.



**Title:** New beginning (2018)  
**Medium:** Oil, textile, glue, cardboard on canvas  
**Size:** 120cm x 140cm

New beginning talks about new minds; a mind that is alert and is making a conscious declaration a mind that is making guaranteed steps in life to separate self from how society influences one to perceive life in other words, doing one's bid to contribute to making a difference in the society.

The bird is a manifestation of the word, which has taken flight to spread the message and simultaneously summons into existence that decision to become different.



**Title:** Echo (2018)  
**Medium:** Oil, textile, glue on canvas  
**Size:** 118cm x 138cm

This is a reverberation of the action and utterance of the first speaker (New beginning). Igniting other minds to embrace the new drift and spread it until the last mind is reached, and at the same time hoping to get the same resonance back.

“ A mind that is making guaranteed steps in life to separate self from how society influences one to perceive life, in other words, doing one's bid to contribute to making a difference in the society.

”

**Title:** Transition (2018)  
**Medium:** Oil, cardboard on canvas  
**Size:** 150cm x 120cm

Transition looks at the moment when a person expresses the desire to be transformed.





Kentish Plover



# *The tale of* **BIRDS WITHOUT BORDERS:** *World Migratory Bird Day*

“

Birds deserve a chance to reach their destinations safely, and we humans can help them, only if we try.

”

**W**hy stick to a place that is not favourable when you are not a tree?

That is the tale of migratory birds. They move from one region to another to search for the best ecological conditions where they can feed and breed their young ones.

One in five bird species migrates from one place to another. The Grey wagtail is one of those birds. The bird has a very long, black and white tail, a yellow rump, and a yellow belly. It usually nests in high densities in the hills of England, Scotland, and Wales but during winter, because of the harsh climate, it moves to lowland areas in West Africa. During summer, it moves back to Europe to breed. Similar to the Grey wagtail, the Green Sandpiper breeds in Europe

and spends the winter period in West Africa. The bird, which represents an ancient lineage of the Genus *Tringa*, has brown wings with little light dots and a contrasting neck and chest pattern. Kentish Plover, with the same habit as the Sandpiper, breeds on the shores of saline lakes, lagoons, and coasts. Being a ground-nesting bird, it often has a preference for low, open, moist nesting sites away from thick vegetation and human activities.

The Eurasian Stone-curlew, also known as Dikkops or thick-knees, can be found in Europe, North Africa, and Southwestern Asia.

However, during winter, they breed in West Africa. Some of these birds can be found in Lekki, Lagos when in Africa.





Grey Wagtail

When travelling between their breeding and wintering grounds, birds usually don't choose their paths at random. They follow some set of paths that they can easily stop to rest when needed and feed when they are famished. However, migration is usually a very precarious journey for birds. They are highly dependent on the environment; consequently, they are often faced with a lot of dangers caused by human activities. These threats include the intensification of agriculture and degradation of wetlands. Every now and then, they also get blown off course and end up somewhere way out of their range due to climate change. Corn acreage is expanding due to the high demand for ethanol, which in turn decreases the area available for migratory birds, putting them at risk. Oil spills also affect many birds, sometimes killing them as they pass through.

Some erroneously feed on contaminated water from these areas as well. Oil also clogs a bird's feathers, making it unable to fly or keep warm.

Tall man-made objects are also deadly to migrating birds. Objects such as lighthouses attract birds because of their light but as the birds fly closer to them, they become blinded and crash into the tower, making them fall to their deaths.

Thus, World Migratory Bird Day, annually celebrated on May 9, provides the unique opportunities to raise global awareness of the threats faced by migratory birds, consequently helping to minimise them. Raising awareness is essential because birds deserve a chance to reach their destinations safely, and we humans can help them, only if we try. ■

“ During winter, when they breed in West Africa, some of these birds can be found in Lekki, Lagos.

”

# 5 Questions For...

## Jare Ijalana

**1** What do you love the most about modelling?  
What I love the most about modelling is the runway and when I don't have an event, I catwalk around the house because I just love strutting. I also like dressing up; it makes my day.

**2** Who are your favourite models and why?  
My favourite models are Naomi Campbell and Mayowa Nicholas. I love the way they both walk and control the runway.

**3** Aside from modelling, you also act, dance, and play the piano. What do you love the most about acting?  
Acting allows me to express myself in different ways which bring out the creativity in me. It also tasks me because I have to practise and put in my best for such roles.

**4** You once mentioned you want to be a medical doctor when you grow up. Why do you want to become one?  
I will love to keep modelling for a long time but I also want to be a doctor because I will like to see fewer people fall sick in Africa and around the world. I love taking care of people.

**5** What is fashion to you?  
Fashion is me-Jare; it's being confident in what I wear, basically expressing myself. I want to create a look that could evolve time. I pick dresses that are old and new, each having their stories. ■



### Jare Ijalana

Jare Ijalana is a child model dubbed the 'Most Beautiful Girl in the World' by YAHOO Lifestyle in 2018. A member of a group of three child model sisters, known as the J3 sisters, Jare is the brand ambassador of Peaceful Mind International, an international NGO focused on mental health awareness for children.





**Pregnant Mum**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | ISO:125 | S:1/320s | F:8



**Y**emi Disu is an award winning photographer and the founder/creative director of Four23 Photography, a child photography outfit in Lagos, Nigeria. With a passion in digital arts together with her qualifications and skills in photography, Yemi utilises her talent to capture major moments at every stage of a child's life. She believes strongly that the life of every child is exciting and worthy of chronicling.





**Baby on Fleek**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | ISO:100 | S:1/320 | F:1.8





**Ethnic Girl**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | ISO:100 | S:1/400 | F:1.8



**Ethnic boy**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | F1.4, 1/1000s | ISO 100 | lens 85mm





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email to: [info@malimbe.africa](mailto:info@malimbe.africa).



**Cutie**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | 400 S:1/125s | F:5



**Omalicha**

**LOCATION:** Lagos State. | Canon EOS 5D mark III | ISO:100 | S:1/1000s | F:1.4





# THE WINTER

# Game

Ice hockey is one of the most exhilarating and fastest games played during winter.

Originating from Canada, the game started around 1800, when the pupils of King's College School, an institution established in 1788, adapted the game of 'Hockey' to the ice of skating ponds. However, the first known reference to the word hockey was in 1363.

Then King Edward III of England mentioned it on a list of sports banned in the dominion. It is believed the word is a French word: hoquet, meaning "shepherd's stick."

In the twenty-first century, ice hockey was first introduced by the Micmac (Mi'kmaq) of Nova Scotia in the 1800s. The game introduced through the British army.

Due to the limitation of ice not present in the country, the game is yet to reach its full potential in the country; however, Nigeria plays field hockey with the rest of the countries in the world.

The way ice hockey is played, two teams who wear skater compete on ice rings. They use their sticks to shoot a vulcanized rubber puck into their opponent's net to score goals. The team consists of one goaltender and five players. An

international sport, it is a part of the Olympic games.

Currently, worldwide, there are more than a million registered players performing regularly in leagues. The highest governing body for the sport for men is the National Hockey League. It was founded in 1917,

immediately following the disbandment of the body, the Hockey Association. Whereas, the International Ice Hockey Federation (IIHF) is the formal governing body for international ice hockey. The body manages international tournaments and maintains the IIHF World Ranking. Worldwide, there are ice hockey federations in seventy-six countries and this month, the 2020 IIHF world championship will be held in Switzerland. ■

Ice hockey is a contact game that offers a full body work out alongside numerous health and social benefits. Some of these advantages include:

**1 Burns Fat and Calories:** Since Ice Hockey is also a fast paced game, the short bursts of energy experienced help to burn 0.061 pounds of calorie per minute. Consequently, this helps each player lose a huge amount of body weight as he or she keeps playing.

**2 Boosts metabolism:** The sport also helps boost a player's metabolism, as they engage in playing at speed and taking rest in-between.

**3 Enhances muscular strength:** Like most sports, ice hockey enhances muscular strength which helps players to be less prone to injury. It also helps them become healthier, improve their bone's density, strengthen connective tissues, and increase muscle mass.

**4 Builds character:** Since ice hockey is a team sport, children who engage in this game learn the value of cooperation. They learn to trust and rely on other people, and also pick-up that teamwork is essential to achieve success. These lessons can help them become a bigger team player in the workplace as they grow into adults and hold various office positions. When they win their games, their self-esteem also

improves, and when they lose, they learn how to deal with losses constructively. They also get a chance to build life-long friendships and have a wider support system in life.

**5 Boosts the Brain:** To win the game of ice hockey, it requires members to task their brain and make good decisions. This constant mental exercise also helps team members make better decisions in their everyday life. Like other forms of exercise, ice hockey can help improve player's mood, ease the feeling of stress, depression, and anxiety due to the feel-good hormones released while playing the game.

**6 Improves Communication Skills:** Players need to constantly communicate while on the move to ensure success. They are not always able to communicate via words because of the speed required in the game, as a result, they have to rely on other forms of communication such as the movement of eyes and hand gestures. Consequently, this leads to the overall improvement of players' communication skills and alertness. ■

# THE 6 BENEFITS

## Malimbe Cares:

This year, don't hesitate to let your children participate in a game of ice hockey.



## FACTS ABOUT ICE HOCKEY

1

In 1980, during the Olympics Semifinal, an amateur USA team defeated The Soviet Union professionals. The game was later referred to as “Miracle on Ice.”

2

In 1998, during the Olympics Final, the Czech Republic defeated the Canadian team in a shootout.

3

In 1936, in a playoff game between the Red Wings and the Montreal Maroons, there were six overtimes before a winner emerged. Red Wings was victorious by one to zero.

## WHAT YOU NEED TO PRACTISE

If you or your child would love to play the adrenaline-charged game of ice-hockey, here are the things you will need:

1. **Skates:** A crucial tool of the game, several brands design them. However, it is important to get one that fits perfectly to avoid injury. The ideal fit is snug, with your foot resting flat on the foot bed.
2. **Helmet:** As a beginner, you are prone to falling; thus, it is essential you get one. You should get one that fits without constricting the head and covers half of your forehead to just above your brows.
3. **Kits:** Once you get your skates and helmet, you can get other

kits such as gloves, caps, sticks, elbow pads, and shin pads.



# The MASTERS

From being a great defence man to being an amazing scorer, some champions have proven that anything is possible in the game of Ice hockey.

Bobby Orr is one of them. Born on March 20, 1940, Bobby is one of the acknowledged greatest players of ice hockey of all time. He has won the Norris Trophies eight consecutive times as the NHL's best defense man, and Hart Trophies three consecutive times as the league's most valuable player (MVP). At age 31, he was inducted into the Hockey Hall of Fame. At that time, he was the youngest player ever inducted. Although he no longer plays ice hockey, he spends some of his time mentoring skaters.

Peter Forsberg, renowned for his on-ice vision and physical play, is a master in the game. Representing Sweden in international play, Peter has competed in four Winter Olympics, two World Cups and five World Championships, as well as one European Junior Championship and two World Junior Championships. He has won two Stanley Cups with the Colorado Avalanche, as well as the Hart Memorial Trophy in 2003. At the end of the 2017–18 season, Peter was pronounced the seventh-highest all-time Swedish point scorer in the NHL regular-season. Just like Bobby Orr, Peter is a retired professional player.

Mark Messier is another great player. Born on January 18, 1961, he is a six-time Stanley Cup champion. With the

nickname 'The Messiah', he is second on the all-time career lists for two hundred and ninety-five playoff points and regular-season games played (1976 games). He is also third for regular-season (1887 points). On June 30, 2017, he was named an Officer of the Order of Canada for constantly encouraging children to partake in the sport; and for his outstanding performance as a player. Now, Mark is a retired professional player. ■

*Made of Steel*



# Nollywood Shows HUMOURING THE NIGERIAN Child

“

With a lot of children as cast, the comedic brilliance of the actors made it a show most Nigerian kids couldn't wait to watch.”

**R**ight from the 90s, the Nigerian movie industry has always produced movies geared towards entertaining the Nigerian child. Interesting soap operas like Papa Ajasco and Company, The Village Headmaster, Dear Mother, Everyday People, and Superstory are films that not only made Nigerian youths stay glued to their TV, but also brought families together. The movies filled with comedy, lessons and more were the highlights of most Nigerian childhood.

Didactic TV series were also released. Tales by Moonlight, created by Victoria Ezeokoli, the then Director of Programmes at NTA to counter the popular USA kiddies programme Sesame Street, was one of them. The show, which was many kids favourite, was produced to promote African folktales.

Fuji House of Commotion is also a comedy series created to hilariously portray the unique experience of living inside a polygamous home. With a lot of children as cast, the comedic brilliance of the actors made it a show most Nigerian kids couldn't wait to watch.

Aside from TV series, home-videos were equally released by filmmakers towards educating the audience about the history of the land and also teaching Nigerian youths the norms in the country. Through movies like Aare Onakankanfo-Afonja, Arugba, Saworoide, Toluwa Ni Ile, Ayo Ni Mo Fe, and The Narrow Path, many Nigerian youths learned the importance of responsibility, the beauty in chasity and the reward in obedience.

The film Aare Onakankanfo- Afonja told the tale of how a Yoruba king lost his kingship and kingdom to the Fulani people. The movie, starring actors like Peter Fatomilola, Laide Adewale, Larinde Akinleye, Adebayo Faleti, Fakoyejo Awoseemo, and Yemi Amodu, recounts the story of Afonja and helped many Nigerian youths understand an important history about the Yoruba kingdom.

Mike and Damilola Bamiloye movies, produced under Mount Zion Faith Ministries, also released films aimed at educating viewers. Watched by many Nigerian youths, the movies Asise Nla, Apoti Eri and The Gods Are Dead are some of the iconic ones.

Through the years, the Nollywood industry continues to produce TV series to not only humour the Nigerian child but to also educate them. Jenifa's Diary produced by Funke Akindele Bello is one of those series that continue to carry the torch of enlightenment and entertainment for many Nigerian kids. ■



## Top Five TV Series of All-Time

1. Fuji House of Commotion featuring Kunle Bamtefa and Ngozi Nwosu.
2. Papa Ajasco produced by Wale Adenuga.
3. Everyday People featuring the late Sam Loco Efe and Carol King.
4. Super Story produced by Wale Adenuga.
5. The Village Headmaster featuring the late Justus Esiri, Dejumolu Lewis.



# Soft NUTTY COOKIES

## KIDDIES SNACKS

Recipe by Afrolems and Photography by Atim Ukoh

### Ingredients

- 1.5 Cups of oats
- 2 Handfuls of mixed nuts
- 1 Cup of milk
- 2.5 Tablespoons of honey
- A handful of coconut flakes

### Instructions

- In a bowl, mix your oats, mixed nuts, milk, and honey.
- Then, fold in your coconut flakes into the mixture and set aside.
- Preheat your oven and set it to 325F.
- Scoop little balls of the mixture and place in a greased baking tray.
- Place the tray in the oven and allow to bake for fifteen to twenty minutes.
- Take out and allow to cool and serve warm.

REMEMBER “ Gift your child a taste of nutty cookies ”



Ensure it is soft and  
chewy not cakey.

Step it down with juice  
or a drink of  
your choice.

When measuring honey,  
make sure you spoon  
appropriately.

Don't eat the cookies alone;  
share with your neighbour's  
kids too.

All ingredients are available  
in the local market.



Schweppes

# Chapman Sour

Our Chapman Sour is an ultra-smooth mix of lemon juice, whisky, syrup, egg white and Schweppes Chapman. As the name suggests, this cocktail is sour and while the lemon in this whisky based cocktail rounds off the alcohol and gives it an edgy sharpness, the sweetness of the syrup complements its tartness. It is simple, sophisticated and perfect for a Friday night after a long week.

So; if you're looking for something a little egg-centric, look no further than our Chapman Sour!

## INGREDIENTS

- Beaten egg white
- 25ml lemon juice
- 50ml whiskey
- 25ml sugar syrup
- Angostura bitter
- Schweppes Chapman

## NOTES AND ALTERNATIVES

### Egg-Free Option

You can make this cocktail without the egg white, but it won't have a frothy, velvety texture.

### Citrus Alternative

You can swap the lemon juice for grapefruit juice or blood orange juice.

## PREPARATION

1

Pour 1 beaten egg white into a shaker.

4

Shake vigorously and double strain into a lowball glass cup with ice cubes.

2

Add 25ml of lemon juice and 50ml of whiskey.

3

Add 25ml of sugar syrup and Schweppes Chapman.



*J. Schweppes*





# DIRECTORY



We will delight you with international food offerings that are masterful creations of skilled chefs who pay the utmost respect to their ingredients. It is a culinary experience that will leave you longing for more. Looking to host your business meeting or party at an exclusive venue? Think no further than Panache Restaurant.

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Plot 1061 Herbert Macaulay Way,  
CBD, Abuja.  
panache@leadway.com  
www.panachefinedining.com



## CANTINA RESTAURANT

An Italian Restaurant based in Abuja, the heart and capital of Nigeria. Our menu is filled with an eclectic selection of Food & Wine, guaranteed to leave an impression on our customers. Whether you are in search of a quick breakfast or lunch, a relaxing dinner, or an appetiser and cocktails, our experienced and courteous staff will make your visit a memorable one. Follow us on Instagram: @cantinasinclair

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30, Yedseram street,  
Maitama, Abuja.



Tilapia & Tinz is an African styled exclusive Restaurant with a mission to stimulate a healthy eating and relaxation culture that radiates love, peace, and enhances longevity. With an ambience that's topnotch in the serene environment of GRA, Ikeja, & menu that relishes the typical African traditional recipe offering varieties of Seafood and more, you are sure of immeasurable satisfaction anyday. Come let's dine in class.  
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kooksbistro@gmail.com  
Dream Recreational Park, Plot 792A,  
Aminu Kano Crescent, Wuse 2,  
Abuja.





If you want to have a great dining experience, Vue is the place to be. The Pan Asian restaurant is beautifully decorated on the inside with a blend of wood and chandeliers, and the outdoor rooftop is a place to unwind after a meal. With stunning views and a variety of delicious menu, Vue has something that can satisfy you no matter what you crave.

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Your Ultimate Escape within the City. Serene garden with unique cocktails & fresh food. To stay updated on our events and Live band performances, follow us on Instagram: @thebackyard.lagos

+234 907 700 5000  
4b Musa Yar' Adua St, Victoria Island, Lagos.



Quo is a premium lounge located in Maitama, Abuja. Offering clients superb entertainment in a upscale atmosphere from Wednesday to Saturday. Music, drinks, and bites.

+234 902 701 4506  
33 Gana Street, Maitama, Abuja.



Beer Barn started in 2012 at Abuja, in 2014 at Port-Harcourt, and in 2017 at Lagos. It is a Sport Bar and Lounge where you can enjoy watching sport and playing some snooker, drink, dance and enjoy as our DJs start by 10pm. There is a variety of foreign beer and alcohol as well. Our vision is to build a wide range of loyal customers. Our mission is to give a high level of customer service with a good ambiance that feels like home.

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76 Evo Road, GRA, Phase 2, Port-Harcourt.

+234 811 888 8003  
20 Admiralty Way, Lekki Phase 1, Lagos.



Located in the heart of Victoria Island, it offers unique dishes from Spain, Italy and Chile. Come and enjoy its wide variety of wine. Follow us on instagram: @la\_tavernalagos, @la\_taverna\_abuja, @chef\_duhalde

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5th Floor, Statement Hotel, First Avenue, opposite Adamawa Plaza, CBD Abuja.



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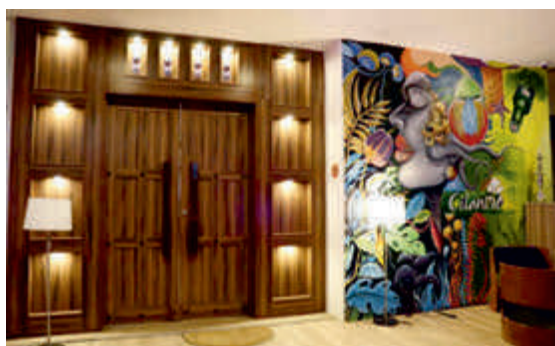
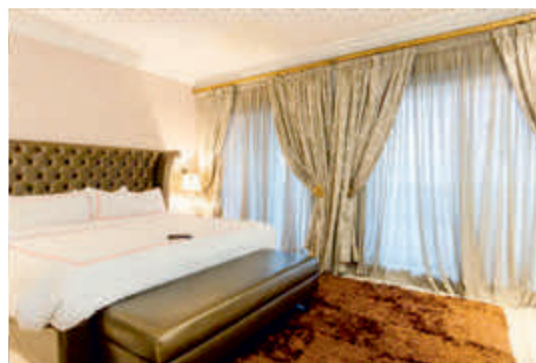




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Jabi Lake Mall,  
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Facing the waterfront of Lake Jabi and creating a cozy atmosphere with its original decor; located in the beautiful Sarius Palmetum and Botanical Garden, a beautiful haven in the heart of Abuja, Cilantro is the place to enjoy tasty Indian cuisine. You can enjoy its signature dishes that include Chicken 65, Hot Garlic Jumbo Prawns, Fish Tikka and the Butter Chicken. All along with its vegetarian dishes and variety of rice and bread.



Many years ago, the Hare had a long tail. He was, much like today, a skittish creature running here and there scratching for food. He didn't have time for any other animal, he was quite selfish. It was a long time ago too, that all animals worked for the Lion. One lovely morning the Lion summoned the Hare.



The Hare ensured the Lion he understood very well, and he followed the Lion Cubs out of the den. The Cubs were strong and fast. The Hare had to use all his natural speed to keep up with them. It wasn't long before they were out of the bushland and on the grassland, and this is where the Hares problems really started.

One cub ran East, the second ran West, while the third ran North and then South. It was impossible for the Hare to keep up with each of them and before long the lazy creature gave up.



Noticing a shady spot under a baobab tree the Hare bounced there to get his breath back. He fell asleep!



Waking up hours later, the Hare gazed out over the horizon. He had been asleep too long. He saw other animals, but he did not see the lion cubs. He stood on his back feet and raised his head as high as he could. There were Buffalo, Giraffe, Hyena, Antelope and everything else, but no lion cubs. He knew this wasn't good. Then, just to make matters worse, he saw the Lion coming out of the Bushland on to the plains.

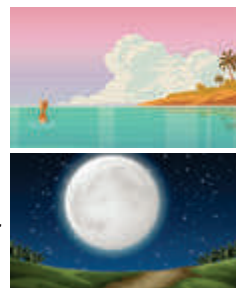


The Lion was roaring mightily!

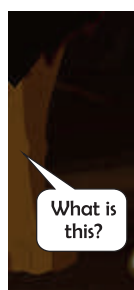
Have any of you animals seen my cubs? Have any of you creatures seen the Hare? They should have been back at my den long ago!



The animals scattered in fright and birds took to the sky. The Hare wished at that moment he could fly too. He needed to hide quickly! He ran towards the river which he knew was not far. On getting there, he took a very big risk! He swam to a small island in the middle of the river and he did this, though he could not swim well, and crocodiles and big fish snapped at his long tail. He did make it though, but only just. He hopped behind a bush just as the Lion came to the river bank. All that roaring had made him thirsty. He drank for, what seemed to the Hare an eternity, before scouring the island for signs of his cubs or the Hare. The Lion roared once more calling for his cubs, waited a moment to hear if the cubs responded, then turned around and headed miserably back to the bushland. The Hare watched all this, absolutely petrified.

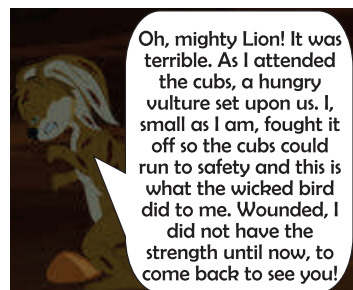


The Sun and Moon exchanged places twice in the sky before the Hare, sure that the Lion would not return, swam back at night, across the river to the grassland. He had devised a plan which he thought might save him from being eaten by the lion. He headed for the bushland as fast as he could, making sure he was not seen. The Hare headed for a small Gum Acacia Tree which was full of thorns. He ran through first one way and then the other and then again and again. Each time he did this, the thorns tore at his fur and flesh until he was scratched and cut so badly it looked as if he had been in a terrible fight. Sore as he was, he hopped painfully back to the Lion's den, where with much drama and cunning he fell, at the feet of the Lion.



What is this?

The Hare opened one eye, and, much to his surprise, saw the three lion cubs next to their father. He was relieved to see them, but it was too late to stop his plan, he had to continue.



Oh, mighty Lion! It was terrible. As I attended the cubs, a hungry vulture set upon us. I, small as I am, fought it off so the cubs could run to safety and this is what the wicked bird did to me. Wounded, I did not have the strength until now, to come back to see you!

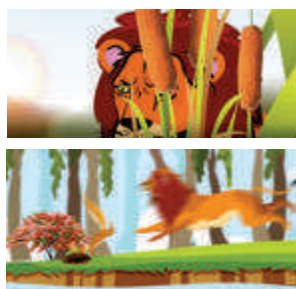
Many animals looked on, but it was a baboon that felt sorry for the Hare, who offered to look after him and nurse him back to health. The Lion, not entirely convinced by the Hare's woeful tale, did, however, allow the Baboon to assist the Hare. From one full moon to another, the Hare was not seen. The Baboon, if the truth be told, was fed up of looking after the Hare, who, although his wounds had healed quickly, was still lazily lying in the Baboons den enjoying being looked after. Frustrated, the Baboon reported this to the lion who summoned the Hare. The Hare, using his best acting skills, limped and rolled in to the presence of the Lion, who was not moved.



Hare, you will go this very minute and pick berries from the Jackal Berry Tree. Bring all that you pick back here to me.

The Hare, too scared to argue, limped and stumbled its way out of the den to the swampland where the Jackal Berry Tree's grow. After a while, the Hare was followed by the Lion. Reaching the swampland, the Hare made for the nearest, and easiest Jackal Berry tree to pick berries from. As he picked two, he ate one, and soon became so satisfied that he forgot all about pretending to be ill.

He hopped and bounced and summersaulted and tumbled and flipped with such happiness that he didn't notice the Lion, who had all this time, been watching him. The Lion was angry, knowing now that the Hare's story was entirely made up! His cubs had told him that there had not been a Vulture attack, and, judging from the Hare's circus display, he was not ill and had clearly been pretending to be so. The Lion roared and pounced towards the Hare, who lucky for him, managed to dodge, just in time, the Lion's huge jaws. The Hare darted for an unused Aardvark hole in the ground that it had noticed. He rushed in, but the lion managed a claw to the Hare's long tail and quite easily tore it off!



The Hare was alive, but its long tail was now a short stump the fur on which, over the next few days, because of shock, turned white and fluffy. And that is how the Hare got its short tail.





## JAN SUDOKU



We know you like challenges!

On the left you can find a classical sudoku puzzle of medium difficulty. It contains a grid 9 squares wide and 9 squares deep. The lines of squares running horizontally are called rows, and the lines running vertically are called columns. The grid is further divided by the darker lines into nine 3 X 3 square boxes. Some of the squares already have numbers in them. Your task is to fill in the blank squares. There's only one rule:

Each row, column and box must end up containing all of the numbers from 1 to 9. Simultaneously, this means that each number can only appear once in a row, column or box.

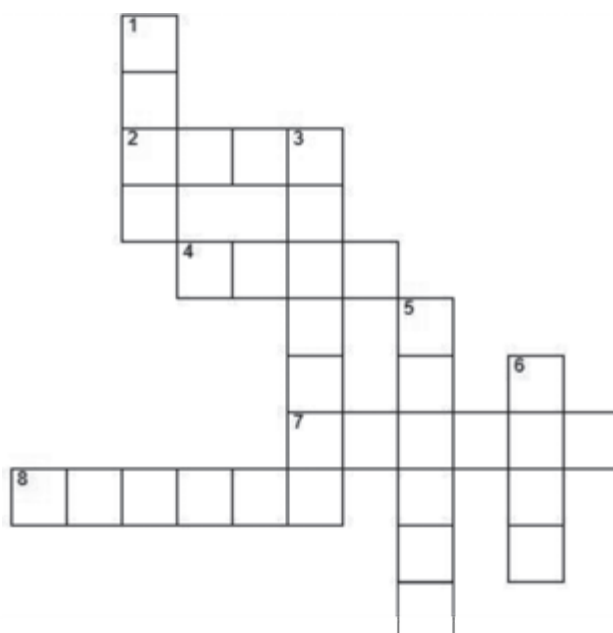
We know you can do it but if you like cheats, the solution is on the next page. Don't peek!

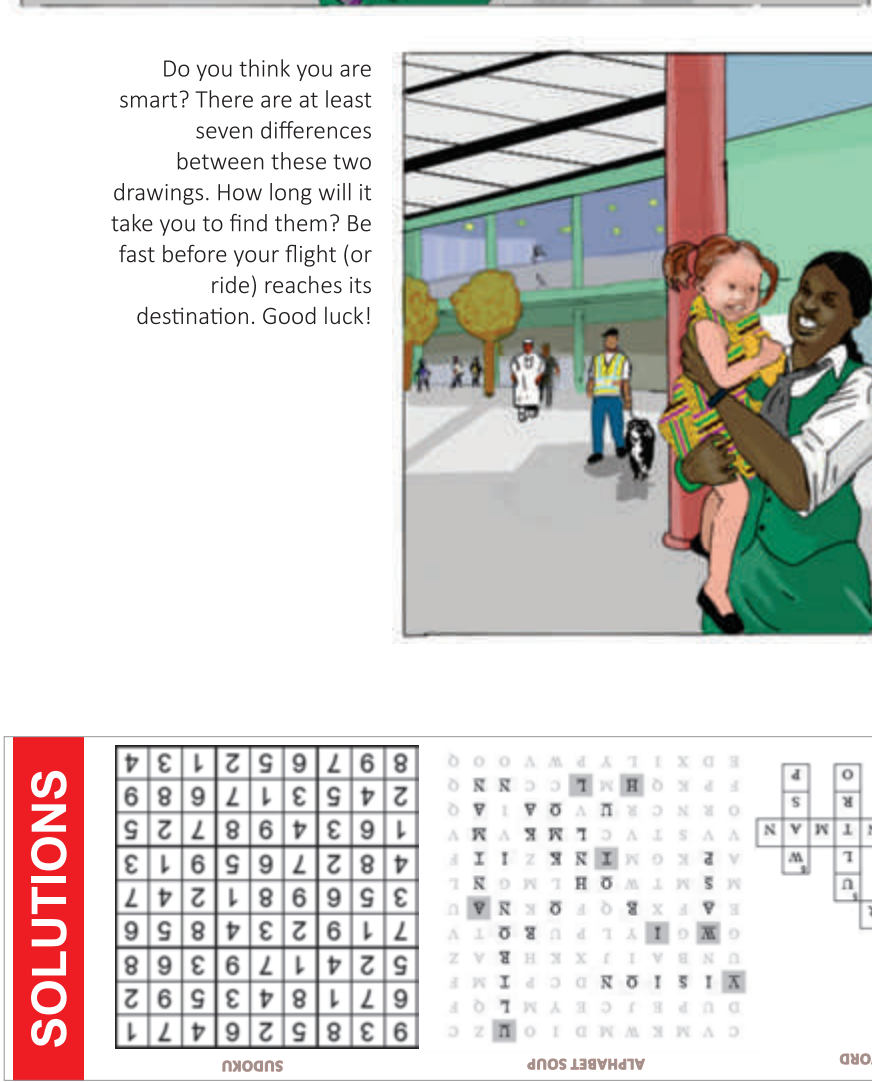
Good luck!

## TERMS IN COMIC MOVIE AVENGERS

This is a double challenge! First you need to find the words below in the alphabet soup, then you find their place in the crossword puzzle. Easy, right?

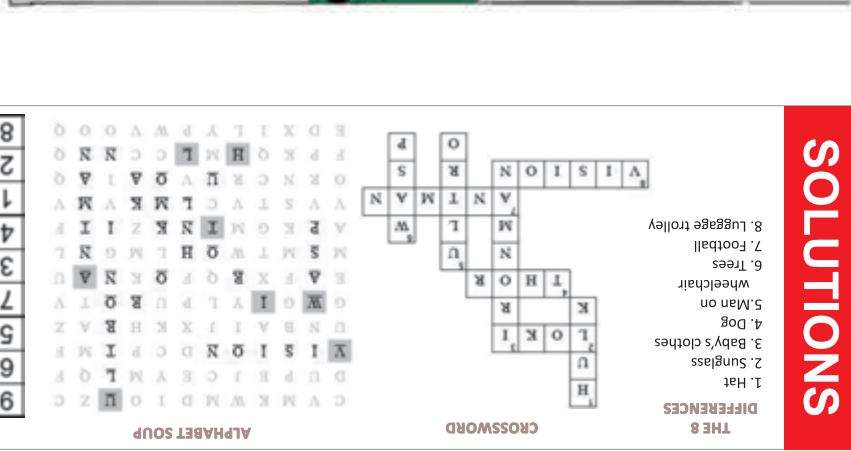
Ant Man, Wasp, Thor, Ultron, Loki, Hulk, Vision, Iron Man





---

9	7	6	5	2	6	4	7	1
4	5	3	1	7	6	8	9	
6	3	4	9	8	7	2	5	
8	2	7	6	5	9	1	3	
5	6	9	8	1	2	4	7	
1	9	2	3	4	8	5	6	
2	4	1	7	9	3	6	8	
7	1	8	4	3	5	9	2	
3	8	5	2	6	4	7	1	



## SOLUTIONS

**SUDOKU**

---

## ALPHABET SOUP

## CROSSWORD

---

## THE 8 DIFFERENCES

- ## THE 8 DIFFERENCES

## SOLUTIONS



# BOOK REVIEW

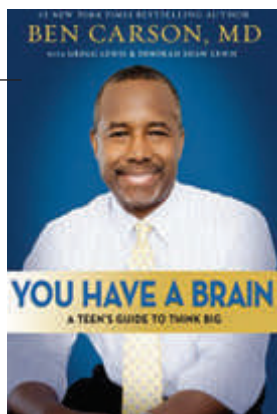
The best time in life to make reading a habit is at the early stage. It is important to catch children young and encourage them to read wide and across various genres and cultures. This month, we are focusing on children and young adult books. Trust us to hook you and your wards nicely with some beautiful books for their reading delight. Our 10% coupon code: **MALIMBEAFRICA** still applies. Visit [www.rhbooks.com.ng](http://www.rhbooks.com.ng) Enjoy!



## YOU HAVE A BRAIN: A TEEN'S GUIDE TO T.H.I.N.K. B.I.G.

By Ben Carson, M.D  
Zondervan (231)  
(N5,000)

If you want to get your teenagers fired up, this is the book for them. Through gripping and inspiring stories, Ben illustrates how to harness eight powerful principles that will help teenagers live a bigger life. According to the renowned neurosurgeon, Talent, Honesty, Insight, Niceness, Knowledge, Books, In-depth learning and God will help them dream big and attain a better future that transcends their present circumstances.



## UGO AND SIM SIM

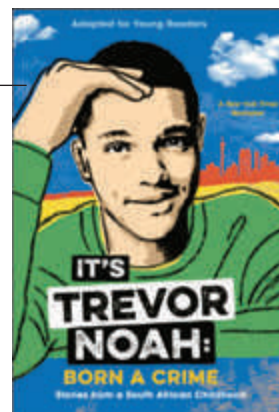
By Tonye Faloughi-Ekezie  
TEEOF (26) | (N3,000)

Journey with Ugo and Sim Sim as they go about their everyday life as siblings living in Lagos, Nigeria. Ugo is a handsome and friendly 6 year old boy who is curious about everything while Sim Sim is his cute outgoing five year old sister with Down syndrome. A perfect read for 5-7 year olds, this book subtly passes key lessons on empathy and Down syndrome.

## IT'S TREVOR NOAH: BORN A CRIME

By Trevor Noah  
John Murray (294) | (N4,000)

This is an unforgettable story of a boy making his way through a damaged world during the apartheid regime in South Africa. Funny, inspiring and fast-paced, It's Trevor Noah is an essential read for young adults looking to achieve the impossible and defy all odds.

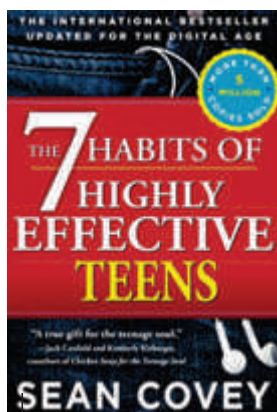


## GIRLS UNDER PRESSURE

By Jacqueline Wilson  
Penguin Random House (270) | (N2,500)

Aimed at pre-teen and teenage readers, Girls Under Pressure tells the story of Ellie who is insecure about her body. According to her: "I've never exactly liked the way I look. I suppose I was cute when I was little but now I feel like an alien has invaded my body and blown it out of all recognition."





### 7 HABITS OF HIGHLY EFFECTIVE TEENAGERS

By Sean Covey

Simon & Schuster (270) | (₦4,500)

The ultimate teenage success guide, this is a 1998 bestselling guide written by Sean Covey, son of Stephen Covey. Through the use of 7 habits, he provides a roadmap for teenagers to move from where they are to where they want to be.

### FEYI FAY AND THE DISAPPEARANCE OF CAPTAIN NOSA

By Sinmisayo Brownstone

Teni & Tayo Creations (107) | (₦2,000)

In book two of the Feyi Fay series, Feyi Fay is called to Costa Rica when Captain Nosa, the brainiest superhero goes mysteriously missing. Armed with honeycomb that transforms you into a bee, a drum that stops you from telling lies, and a water gun that makes you take the shape of any object you touch, Feyi Fay arrives on the scene and saves the day!

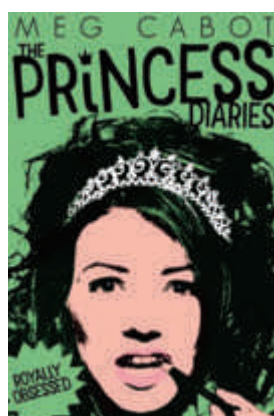


### THE PRINCESS DIARIES: ROYALLY OBSESSED

By Meg Cabot

Macmillan (250) | (₦2,500)

Published in over 38 countries and adopted into two hit films, Royally Obsessed is the fourth in the Princess Diaries series. Mia and Michael are finally an item, but her totally out-of-control Grandmere seems to have other plans. Just before the happy couple's first hot date, an unmissable royal engagement turns up. Could it be that Michael doesn't measure up?



### OTHER BOOKS POPULAR THIS MONTH



#### Who do I see in the mirror?

Vese Aghoghovbia Aladewolu

(₦6,500)

As Philly looks at her reflection in the mirror, she realizes that from her curly hair to her legs that love to dance, she is unique. But what makes her truly special is her good heart and curious mind.



#### Fun day at the Museum

Chioma Momah

(₦1,500)

A well-illustrated and colourful book, the author shares the story of Lana who makes a trip to a museum. The book also dwells on some of the fun time and memorable experiences that make up this excursion put together by Lana's school.

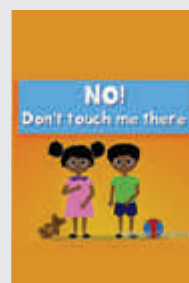


#### Teenage Friendship

Tofunmi Akinyemi

(₦1,000)

This book encourages young people to seek God very early in life and to have a consistent close relationship with Him. It also teaches them how to maintain social interactions thereby laying a solid foundation for a glorious future.



#### NO! Don't touch me there

Nomthi Odukoya

(₦8,000)

Join Ade and Ada as they learn about their bodies and the importance of boundaries. Written by Nomthi Odukoya, this book teaches toddlers about private parts of their body and how to speak up at the face of intruders and potential violators.



#### Ms. Joana's Rules

Maryam Awaisu

(₦1,500)

Ms Joana is Marwan's class teacher at Supremacy Academy. She has some set of interesting rules tagged The Body Rules for her pupils and their parents to learn and imbibe daily.





# BLOCKBUSTERS



## Miracle Centre -

January 1, 2021

Set in Panya Grammar School, Mr Greg arrives at Panya and meets a system he doesn't seem to understand. Teachers are not doing well professionally. His determination to bring about a change in the system to ensure a corrupt-free school and society is fraught with stiff opposition and challenges from a group of persons.



## Peter Rabbit 2 -

January 5, 2021

Despite his efforts, Peter can't seem to shake his reputation for mischief among the other rabbits. Once he adventures out of the garden, Peter finds himself in a world where mischief is appreciated, but soon his family comes to bring him home.



## The Last Duel -

January 8, 2021

A woman claims she's been raped by her husband's best friend, Jean de Carrouges. But when no one believes her accusation, her husband challenges his friend to a duel, the last legally sanctioned duel in the country's history.



## COMING SOON

### Cinderella - February 5, 2021

A modern musical version of the classic fairy tale. A poor, ambitious orphan gets her wish to meet a prince granted.



## LOCATIONS

### LAGOS- Lekki

The Palms Shopping Mall  
Lekki, Lagos.

### Sangotedo

Novare Mall, Sangotedo,  
Lekki-Epe Express-way, Lagos.

### Maryland

Maryland Mall, Maryland, Lagos.

### Festac, Lagos

Festival Mall, Amuwo-Odofin Estate,  
Festac Lagos (Opening February, 2021)

### ABUJA

Ceddi Plaza, No. 264  
Tafawa Balewa Way, Abuja.

### Novare- Gateway Mall

Airport Rd, Lugbe, Abuja.

### DELTA- Warri

Delta Mall, Effurun.  
Delta State.

### Asaba

Asaba Mall, Okpanam, Delta State.

### PORT HARCOURT

Genesis Centre GRA, Phase 2, Port-Harcourt,  
Rivers State.

### P-HARCOURT EXTENSION

GRA, Phase 2, Port-Harcourt, Rivers State.  
(Now Open)

### OWERRI

Owerri Mall, No. 3 Egbu Road,  
Owerri Imo State.

### ABIA

Abia Mall, Umuahia, Abia State.

### CAMEROUN- Douala

Grande Mall, Douala  
Cameroun. (Opening July 2021)



### Mortal Kombat - January 15, 2021

Mortal Kombat is a mysterious, intergalactic tournament of ancient martial arts. Shaolin Monk Liu Kang, from Earth, gets invited as a competitor.



### Hitman's Wife's Bodyguard- February 25, 2021

Michael Bryce and  
Darius Kincaid join  
forces with an  
Interpol agent to  
prevent a cyber-  
attack in Europe.



# JAN SCHE DULED

We are your guide to the hottest events happening all over Nigeria. Because this is a fun place to live. Try something new every month!



1

**TGIF Night**  
6:00pm  
1, Providence Street, Penny Mall  
Rooftop, Lekki Phase 1, Lagos.



2

**Lagos Afro-Latin Nights**  
7:00 pm  
Alba Lounge. Plot 1,  
Anifowose Street, Victoria  
Island, Lagos.



3

**Sunday Karoke Vibes**  
5 pm  
1, Providence Street, Penny  
Mall Rooftop, Lekki Phase 1,  
Lagos.



10

**Cuban Salsa Dance Class**  
2:00 pm  
Plot 1411, Adetokunbo  
Ademola Street, Victoria  
Island, Lagos.



15

**Old School Night**  
6:00 pm  
1, Providence Street, Penny  
Mall Rooftop, Lekki Phase 1,  
Lagos.



16

**Casa Ilashe Lovebirds Getaway**  
4:00 pm  
Amuwo Odofin, Lagos.



For your events to be part of our next month's schedule, kindly send event details and high resolution pictures to [info@malimbe.africa](mailto:info@malimbe.africa)



# 6

## Omu Resort Weekend

12:00 noon

Bogije Town, Almost Opp.

Lakowe Lakes Golf Course, Ibeju Lekki, Lagos.



# 7

## After Work Kizomba Classes and Socials

7:00pm

Plot 1411, Adetokunbo Ademola Street, Victoria Island, Lagos.



# 9

## Ladies Night

6:00pm

1, Providence Street, Penny Mall Rooftop, Lekki Phase 1, Lagos.



# 19

## Slay Karaoke House

12:00 noon

1, Providence Street, Penny Mall Rooftop, Lekki Phase 1, Lagos.



# 29

## Omu Resort Weekday

10:00 am

Bogije Town, Almost Opp. Lakowe Lakes Golf Course, Ibeju Lekki, Lagos.



# 31

## Five Cowries Cruise

12:00 noon

LASWA Yard, Falomo Jetty, Ikoyi, Lagos.



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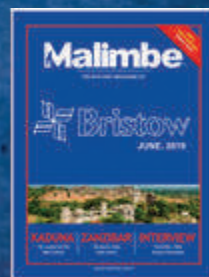
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